



# Spring 2008 Palomar College Rehearsal and Performance Syllabus

Ballet Master: Stephen M. Hook Email: shook@palomar.edu

Monday Night: 9-9:50 P.M. Office Hours: By appointment only, email

Course Number and Title: Dance 197F # 31730

Unit Value: 0.5 Minimum of Semester Housr: 16

Basic Skills Requirements: Appropriate Language Skills

**Prerequisite:** 115, 116, 210 and 211

Co requisite: Ballet classes (minimum 3 classes a week)

# Course Materials (Required):

Hammond, Sandra Noll. (1993) Third Edition. <u>Ballet Basics.</u> Mountain View California: Mayfield Publishing Company.

Course Description: This course is designed to introduce the dancer to the stage and the basic concepts of performing for an audience. Concentration will be placed on the difference between a classroom dancer and a performer.

## Course objectives:

- To demonstrate an understanding of ballet as a stylistic genre and its history.
- To demonstrate enhanced kinesthetic awareness and understanding of correct body alignment with torso, rotation of the hips and upper legs, knees, feet along with focus of the head and arm positions at the intermediate level.
- To demonstrate basic knowledge of classical ballet vocabulary and technique at the intermediate level.
- To perform beginning level concepts of technique on stage in front of an audience.
- *To demonstrate beginning level performance quality artistic expression.*

## Course Requirements/ Method of Evaluation:

- Participation, attitude, concentration, application of corrections and ideas concerning alignment, injury prevention, kinesiologically correct performance of techniques, and display of work 250 pts (50% of grade).
- *Midterm and Final Evaluation, week of performance T.B.A.* 250 pts (50% of grade)
- You must participate in the spring production to pass this class.
   500-451 A, 450-401 B, 400-351 C, 350-301 D, 300 and below F

### Reminders:

Proper attire, tights, leotards, ballet slippers with the elastics sewn on, tight fitting sweats, sports bras, bike shorts, may be worn, please no big and baggy fashions. Men I highly suggest

a dance belt. I have no dress code please do not abuse this fact, or turn dance class into a fashion show- - Proper dance etiquette is required, this includes being in class on time, staying the whole length of class, courteous studio behavior, a good working attitude, full concentration and participation. I will mark your grade down for not adhering to etiquette.

Participation is defined as being in class on time, staying the whole length of class, being active in discussions and movement portions of class, being willing to try things that may be unfamiliar to you, and most of all a good working attitude toward the class material, the fellow students and your instructor.

If you are late, it is your responsibility to come to me after class and make sure I got you on my roll sheet as present. I will count three tardies as an absence.

Absence Policy: you are graded on substantive participation in class; the grading scale is reflective of this. Any absence can potentially affect your grade. I will accept a doctor's note as an excused absence due to me within a week of having missed the class.

If you are sick - - coughing, wheezing, sneezing. . . I will send you home and still mark you absent, so please use your best judgment and save your absences for when you really need them.

If you are injured, and would like to watch class instead of participating. You must watch class and critic two dancers of your choice in writing. Your notes should be equal amounts of positive and negative points for each dancer.

Students with disabilities who believe they may need accommodations in this class are encouraged to contact the disability access center as soon as possible to ensue that accommodations are implemented in a timely fashion.

In the unlikely event that I am late for class, please wait 20 minutes. If I am not there by then consider the class canceled with no penalty to the students.

All written assignments must be typed with 1' margins, 12 point font, and double spaced, they will be graded on correct spelling, grammar and organization as well a creativity, research and analysis.

Keep a journal, as a portion of your final exam will be to reflect on your experiences in this class.

My classes are based on a system of mutual respect, my respect for you, your respect for each other, and your respect for me. If you respect my time, I will respect yours.

For up coming rehearsal and performing scheduling please see my website: www.professorhook.com

If you need to reach me or make an office appointment, please email: shook@palomar.edu